

PARAMOUNT FRESH

Phone: 773-880-8068

Orders must be placed 24 hours in advance.
No substitutions or alterations to menu items.

FRESH CUT FRUITS

Watermelon <input type="checkbox"/> M \$6 <input type="checkbox"/> L \$8	Orange Segments <input type="checkbox"/> M \$16 <input type="checkbox"/> L \$20
Pineapple <input type="checkbox"/> M \$8 <input type="checkbox"/> L \$10	Blueberries <input type="checkbox"/> M \$8 <input type="checkbox"/> L \$14
Strawberries <input type="checkbox"/> M \$8 <input type="checkbox"/> L \$12	Raspberries <input type="checkbox"/> M \$8 <input type="checkbox"/> L \$14
Cantaloupe <input type="checkbox"/> M \$6 <input type="checkbox"/> L \$8	Kiwi <input type="checkbox"/> M \$8 <input type="checkbox"/> L \$14
Grapefruit Segments <input type="checkbox"/> M \$16 <input type="checkbox"/> L \$20	Grapes <input type="checkbox"/> M \$6 <input type="checkbox"/> L \$8

email address: info@paramountfresh.com

SALADS

- Couscous Salad** | S \$8 M \$12 L \$18
Couscous, raisins, pine nuts, lemon vinaigrette, salt, pepper
- Quinoa Salad** | S \$8 M \$12 L \$18
Quinoa, kale, cranberries, peas, green apples, avocado, lemon basil vinaigrette, salt, pepper
- Pesto Pasta Salad** | S \$8 M \$12 L \$18
Ditalini pasta, basil pesto, lemon aioli, cherry tomatoes, basil, mozzarella, salt, pepper
- Lemon Tarragon Chicken Salad** | S \$6.95 M \$9.95 L \$18.95
Chicken Breast, lemon tarragon vinaigrette, celery, fennel, tarragon, sweet peppers, salt, pepper
- Smoked Chicken Salad** | S \$6.95 M \$9.95 L \$19.95
Chicken Breast, celery, grapes, mayonnaise, salt, pepper
- Tuna Salad** | S \$6.95 M \$9.95 L \$18.95
Tuna, celery, shallots, mustard, parsley, aioli, lemon juice, salt, pepper
- Roasted New Potato Salad** | S \$6.95 M \$9.95 L \$18.95
Red new potatoes, red peppers, fennel, whole grain mustard vinaigrette, celery, parsley, red onions, salt, pepper
- Egg Salad** | S \$6.95 M \$9.95 L \$18.95
Eggs, mayonnaise, celery, onions, paprika, whole grain mustard, salt, pepper
- Coleslaw** | S \$8 M \$12 L \$18
Cabbage, carrots, red onions, honey, mustard vinaigrette, salt, pepper

DIPS & SPREADS

- Hummus** | S \$8 M \$16 L \$20
Garbanzo beans, lemon juice, garlic, tahini, olive oil, paprika, salt, pepper
- Spinach & Artichoke Dip** | S \$8 M \$16 L \$20
Spinach, garlic, shallots, salt, pepper, oil, artichokes, cream cheese, parmesan cheese, onion powder
- Roasted Red Pepper & Feta Dip** | S \$8 M \$16 L \$20
Roasted red peppers, cream cheese, feta, onion powder, garlic powder, salt, pepper
- Salsa Roja** | S \$6 M \$12 L \$18
Tomatoes, red peppers, fresno peppers, red onions, garlic, lime juice, cilantro, salt, pepper, canola oil
- Guacamole** | S \$12 M \$16 L \$20
Avocado, tomato, garlic, onion, lime juice, salt, pepper, red onions, jalapeño
- Pico de Gallo** | S \$6 M \$12 L \$18
Tomatoes, red onions, garlic, cilantro, jalapeño peppers, lime juice, salt, pepper

SALAD DRESSINGS

- Buttermilk Ranch Dressing** | S \$8 M \$14 L \$18
- Caesar Dressing** | S \$8 M \$12 L \$16

FRESH CUT VEGGIES

- Cucumbers** | M \$8 L \$12
- Celery** | M \$8 L \$12
- Carrot Sticks** | M \$8 L \$12
- Broccoli Florets** | M \$8 L \$12
- Cauliflower Florets** | M \$8 L \$12
- Cherry Tomatoes** | M \$8 L \$12

CHEESE

- Cheddar Cheese Cubes** | M \$12 L \$18
- Gouda Cheese Cubes** | M \$12 L \$18
- Swiss Cheese Cubes** | M \$12 L \$18
- Colby Jack Cheese Cubes** | M \$12 L \$18

ON THE GO FAVORITES

- Power Bars** | \$8.95/6
- Trail Mix** | \$10/12oz
- Hard Boiled Eggs** | M \$6/5 eggs L \$10/10 eggs

SWEETS BY THE DOZEN

- Oatmeal Raisin Cookies** | \$18/dozen
- Macadamia Nut Cookies** | \$18/dozen
- Peanut Butter Cookies** | \$18/dozen
- Sugar Cookies** | \$18/dozen
- Chocolate Chip Cookies** | \$18/dozen
- Gluten Free Chocolate Chip Cookies**
 \$27/dozen
- Rice Krispie Treats** | \$24/dozen

For full list of ingredients visit paramountfresh.com
Prices and items subject to change